

Training Requirements

Do's and Don'ts



Consent forms and registration must be agreed and signed by player and parent before training commences.

Your child should not attend training if they have shown signs or been in contact with someone symptomatic in the last 14 days – You should inform the Sorcha Rayner, Welfare Officer or Charlotte Wright, Club Secretary as soon as possible if this is the case.

What your child should bring to training:

- Each child should bring their **own** named hand sanitiser gel – please ensure good hand hygiene takes place before, during and after training
- Each child should bring their **own** named water bottle – we will only use the pavilion in cases of emergency

What your child cannot do during training:

- No food to be consumed at training session
- No chewing gum
- No spitting
- No handshakes or contact celebrations

What you as a parent need to know and do for training:

- Confirm that your child has not shown symptoms of Coronavirus
- Ensure good hand hygiene takes place before, during and after training
- Parent's **must** remain at training in case of any medical emergencies, currently coaches are not allowed to administer first aid (however, if serious injury they will intervene as appropriate)
- No car sharing under any circumstances (twins are the exception 😊)
- Parent's must adhere to the government social distancing guidelines
- Where possible only one parent should attend training.

No congregating before and after training, please stick to your allocated arrival time