## Wilburton FC – Risk Assessment



|   | Areas to consider                                    | Action  | Who and by when   |
|---|--|---|---|
| PRE-PLANNING                                | Number of players/staff                              | Social distancing MUST be adhered to. MAX group size of 6<br>INCLUDING COACHES.<br>Current U12 teams will be split into 3 groups (per team) with 1  | Coaches to group bubbles, before training restarts<br>Welfare officer will be present at distance to ensure |
|   |  | coach allocated to remain within that bubble.   | numbers are correct.  |
|   | Training sessions                                    | Layout of sessions- groups of no more 6, spaced away from   | Lead coaches of teams.  |
|   |  | other groups.   | Prior to that weeks' training session   |
|   |  | Staggered arrivals and finish times.  |   |
|   |  | Sessions must be designed and pre planned to ensure social  |   |
|   |  | distancing can be maintained.   |   |
|   | High Risk players/staff                              | Limit any player or staff from attending training.  | Welfare Officer, before training starts.  |
| COMMUNICATION                               | Communicating information to all                     | Information to be given-  | Coaches to communicate to players/parents.  |
|   | staff, volunteers, players and parents.              | <ul> <li>COVID19 risks, Symptoms and practises undertaken to<br/>mitigate risk.</li> <li>Awareness that infection risks can be minimised by</li> </ul>  | Welfare officer to communicate to staff/volunteers.   |
|   |  | <ul> <li>following Wilburton FC's risk assessment/policies; however, they can NOT be eliminated. Risk remains for at risk population, families and unintended transmission.</li> <li>The club's approach, standards and policies to mitigate risks.</li> <li>Before leaving home to attend a session player's (or parents/guardians on behalf of) and staff should assess whether they have ANY symptoms of COVID19.</li> <li>Information should be shared via social media/email and posters.</li> <li>Consent forms must be signed by parents/players agreeing</li> </ul> |   |
|   |  | to adhere to new risk assessment/policy before training<br>commences.<br>Players and staff should be instructed to stay at home and not<br>attend any sessions if/when showing symptoms of COVID19, or<br>having close contact with a person with COVID19   |   |
| USE AND<br>AVAILBILITY OF<br>PPE/SANITISER. | <ul> <li>Player hand sanitiser and wipes.</li> </ul> | <ul> <li>Parents will be asked to ensure their child/children attend training with a named bottle of sanitiser.</li> <li>The club has purchased sanitiser which can be used if this becomes an issue.</li> </ul>  | Coaches to ensure all parents know to provide, club has purchased just in case.                             |

| SYMPTOM<br>CHECKER | <ul> <li>Conduct pre training<br/>observations/questioning of all<br/>players and staff.</li> <li>The existence of any COVID-19<br/>symptoms in the last 7 days-</li> <li>New Cough</li> <li>Fever/Temp</li> <li>Unusually short of breath</li> <li>Loss of smell/taste</li> <li>Red/sticky eyes</li> <li>New abdominal pain/diarrhoea</li> <li>New/unusual fatigue with<br/>muscle/joint pain</li> <li>New blocked/runny nose</li> <li>Headache</li> <li>Feeling generally unwell in any<br/>other way.</li> <li>That they have not been in contact<br/>with a Covid19 confirmed or<br/>suspected case in the 14 days<br/>previously, and that no one in the<br/>household is unwell.</li> </ul> | <ul> <li>Health declaration to be completed on arrival, this can be<br/>used as a register for NHS track and trace.</li> </ul>  | Coaches   |
|--------------------|---|---|---|
| FOOD AND DRINK     | Water Bottles   | Players/staff should have named water bottles with them at<br>every training. These should be taken away by the individual to<br>be washed and sanitised at home.   | Parents/staff.<br>Staff to make a storage area near each player to<br>enable them to store drinks within social distancing<br>remits. |
|                    | Food  | No food to be eaten on site as a temporary measure.   | To be assessed over time.   |
| ARRIVAL            | Hygiene   | <ul> <li>Staff to disinfect all hard surfaces, before and after use.</li> <li>All staff/players/parents to ensure hand hygiene/sanitation is being undertaken upon arrival, during and leaving the facility.</li> <li>All staff/players/parents to follow catch it, bin it, kill it.</li> </ul> | Coaches<br>ALL<br>ALL   |
|                    | Pre-training groups   | Players/team staff should not congregate before or after the sessions.  | ALL   |
|                    | Carpools  | Carpools should be discouraged  | Coaches to communicate with parents   |
| PLAYER CONDUCT     | <ul> <li>Players must refrain from spitting<br/>or chewing gum</li> <li>No Handshakes /celebrations</li> </ul>  | Ensure all players/parents understand this will not be permitted.   | Coaches<br>Coaches, players, parents  |

|                        |                                 | Players, Staff and parents should refrain from any form of physical contact  |   |
|------------------------|---------------------------------|--|---|
| TOILETS                | Hygiene                         | <ul> <li>Deep clean of the toilets and pavilion.</li> <li>Paper towels and soap provision. Paper towels must be placed securely in bin, this will need to be removed by the football club after the session.</li> <li>Internal areas must be cleaned before and after the session</li> <li>If the main building is in use hand sanitiser must be placed near the entrance.</li> <li>Social distancing should be used around toilets- only one person in the toilet at any time. There should be social distance marks outside to help those waiting stick to 2M</li> </ul> | The Parish Council does not provide care taker<br>services to the pavilion. This will be taken on by the<br>football club to ensure the building is deep cleaned.<br>The club will provide soap and paper towel and<br>remove the rubbish.<br>Coaches<br>Coaches to ensure sanitiser is there before the<br>session.<br>Coaches/Welfare officer |
|                        | Legionella                      | There is a risk from legionella as the pavilion has been unused<br>for a prolonged period of time. We may need to run the taps<br>frequently to ensure the water is not an added risk.   | Welfare officer to ask Parish council if they have a legionella check list.   |
| EQUIPMENT              | Limit team sharing of equipment | <ul> <li>Only essential equipment to be used during sessions, all equipment to be sanitised after use and not used at all between sessions.</li> <li>Equipment should be used by only ONE bubble, the coach in charge of that bubble should keep the equipment to ensure that this is not passed on to a different bubble accidently.</li> <li>Clothing should be taken home by individuals to be laundered between sessions</li> </ul>  | Coaches<br>Coaches<br>Player/parent/staff   |
| FIRST AID<br>PROVISION | First aider PPE                 | <ul> <li>Each bubble to have separate first aid kits, to include gloves, medical masks, CPR face shield.</li> <li>Parents to remain on site to perform non-emergency first aid, coaches to assist with loss of life/loss of limb event.</li> </ul>   | Club to purchase extra equipment-complete<br>Coaches to carry first aid equip<br>Parents/coaches/welfare officer  |
| SPECTATORS             | Discourage all but essential    | Parents to remain on site for sessions, but must adhere to gov guidance re social distancing/numbers meeting up  | Coaches/parents/welfare officer   |

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